



# THE SOMA INSTITUTE

## HEALTH AND WELLNESS CAREERS START HERE

Clinical Massage Therapy Diploma Program

Health and Wellness Coaching Certificate Program

# THE CLINICAL MASSAGE THERAPY ADVANTAGE



**If you're serious about your massage therapy career, you owe it to yourself to explore The Soma Institute.**

**The Soma Institute** is a pioneer in the clinical massage therapy field, establishing and maintaining a high standard of excellence through our continued focus on clinical evaluation and our ongoing contributions to the field. Our Faculty members are experts in the industry with extensive experience in the field of clinical massage therapy.

**Where you end up in your career depends a lot on where you start out.**

Before you make a decision as important as choosing a massage therapy school, see for yourself what makes **The Soma Institute** such a proven launching pad for success.

- Soma Clinical Massage Therapy Graduates enjoy an 82.2% placement rate (as reported in 2015 to the Illinois Board of Higher Education) and work in a variety of organizations, including prestigious facilities like Northwestern Memorial Hospital, The Joffrey Ballet, Swedish Covenant Hospital, Pain Centers of America, The Peninsula Hotel, Northwestern Memorial Hospital Center for Integrative Medicine, Soho House, and The Four Seasons Hotel. The Soma Institute, however, cannot guarantee placement.
- A diploma in Clinical Massage Therapy from Soma prepares you for the career of your choice within the massage field, from wellness massage at spas, to medical massage affiliated with hospitals, to sports massage for professional teams.
- Soma offers a comprehensive support network including tutoring, counseling, and career services.
- Soma's outstanding Alumni services will provide you with valuable ways to advance your career and stay connected to Soma.

# THE CLINICAL MASSAGE THERAPY DIFFERENCE



## Discover the Soma Clinical Massage Therapy difference.

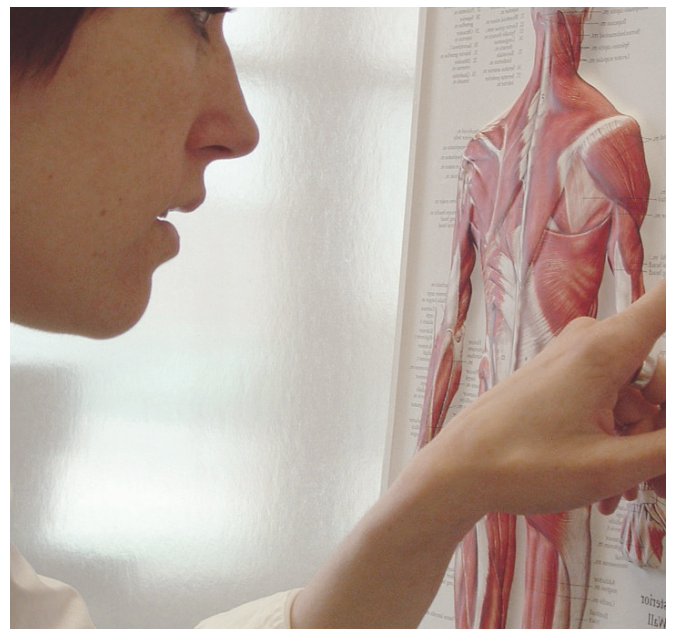
Clinical Massage therapy is a highly specialized healthcare modality that focuses on both the evaluation and the treatment of soft tissue dysfunction through manual manipulation. The purpose of clinical massage therapy is to develop, maintain, rehabilitate, and augment the physical function of the massage patient.

At **The Soma Institute**, we train students in a wide array of therapy techniques used in clinical massage therapy practice, including:

- Trigger point therapy
- Myofascial release
- Neuromuscular techniques
- Swedish massage techniques
- Hydrotherapy
- Sports massage
- Lymphatic drainage

“Soma has given me the best quality education available, which is highly recognized by employers. Having talked to other therapists from different schools, their curriculum does not compare to Soma’s. Soma has a higher educational quality and a better focus on the conditions that I see in clients every day.”

Ellen Petit  
Soma Graduate





# CLINICAL MASSAGE THERAPY DIPLOMA PROGRAM

**Soma's Clinical Massage Therapy diploma program will qualify you for the widest array of career options.**

Graduates from **The Soma Institute** are so thoroughly trained in the principles of clinical massage therapy that they graduate with skills that enable them to pursue career opportunities in a number of massage therapy specialty areas.



**Recent Soma graduates have gone on to fulfilling and rewarding careers in:**

- Hospitals
- Chiropractic
- Physical Therapy
- Sports Medicine
- Neo-natal
- Geriatric
- Holistic massage
- Wellness massage
- Spas
- Salons
- Resorts
- Private Practice

We've developed our comprehensive Clinical Massage Therapy curriculum to prepare you for the widest possible array of massage therapy career options. You will learn sports massage, hydrotherapy, trigger point therapy, Swedish massage, facial techniques, lymphatic drainage, anatomy, pathology, physiology, orthopedic tests, kinesiology, ethics, and state licensing.

# ALUMNI AND CAREER SERVICES



## **At The Soma Institute, our commitment to your career success doesn't stop at graduation.**

As a Soma graduate, you'll enjoy the unique opportunity to take advantage of our Alumni Services throughout your entire career. Our outstanding resources will provide you with so many valuable ways to advance your career and stay connected to Soma. All graduates benefit from:

- Continuous job-placement and assistance from our extensive job database
- Personalized career advice
- Unlimited free massage in the Student Teaching Clinic
- Lifetime course-auditing privileges to keep you at the forefront of the profession
- Preferred registration in continuing education and professional development courses at Soma
- For Clinical Massage Therapy graduates, assistance with licensure applications on a local, national, and international basis

"I have the highest regard for Soma graduates. I find that they have extraordinary skills and are very motivated to continue to learn and improve their skills."

Gloria Murray  
Gottlieb Health and Fitness Center





# HEALTH AND WELLNESS COACHING PROGRAM



More and more companies are employing Health and Wellness coaches to boost productivity, lower health risks, and promote healthy living. It's a win-win solution to rising health costs and epidemic levels of obesity and chronic disease.

You can become a part of the solution by enrolling in Soma's Health and Wellness Coaching Program taught on-site at our Chicago campus. The program covers the fundamentals and ethics of coaching, components of health and wellness, preventing chronic disease and learning the business side of coaching.

Upon successful completion of the Health and Wellness Coaching Program, you will be a Certified Health and Wellness Coach. As a coach, you will be able to develop health coaching programs for individuals and groups and guide and empower people in changing their lifestyle and behaviors so that health and wellness are put at the forefront of their lives.

# FINANCIAL AID & SCHOOL LOCATION



**At The Soma Institute, we make it as easy as possible for you to get the financial assistance you may need to enroll in our valuable programs.**

Our Financial Aid Office will work with you to develop a financial aid program that is specifically tailored to your unique needs.

**The Soma Institute** works alongside the U.S. Department of Education to provide you with a full range of financial aid tools. As a Soma student, you may qualify for a number of the following options:

**CMT and Health & Wellness Students:**

- Monthly tuition payment plans
- Tuition discount programs

**Clinical Massage Therapy Students only:**

- The Federal Pell Grant Program
- The Federal Direct Loan Program
- Department of Veterans' Affairs Educational Benefits
- Vocational Rehabilitation
- Department of Defense Tuition Assistance Program (Army)
- Americorps Vouchers
- Employer-sponsored tuition-reimbursement

**The Soma Institute is located in the heart of downtown Chicago's academic and cultural corridor, a location ideally suited to student life.**

This stimulating and culturally rich area boasts an amazing array of cafes, restaurants, theaters, galleries, and bookstores. The school is convenient to public transportation and parking facilities, and is a short walk from the stunning shores of Lake Michigan. Chicago landmarks like Millennium Park, Grant Park, DePaul University, the Shedd Aquarium, the Field Museum, and the Art Institute of Chicago are all within minutes of Soma's campus.

You can find detailed directions to **The Soma Institute** at [www.soma.edu](http://www.soma.edu).

## SOMA IS PROUD TO HAVE THE FOLLOWING APPROVALS AND ACCREDITATION.



- Certificate of Approval to Operate issued by the Illinois Board of Higher Education, 1 N. Old State Capitol Plaza, Suite 333, Springfield, Illinois 62701-1377



- Accrediting Council for Continuing Education & Training  
1722 N. Street N.W., Washington, D.C. 20036  
The Accrediting Council for Continuing Education & Training is listed by the U.S. Department of Education as a nationally recognized accrediting agency.



- Soma graduates are qualified to apply for municipal and most state licensing and for certification by the Federation of State Massage Therapy Boards.



- Soma is a school member of The American Massage Therapy Association.



- **The Soma Institute** is authorized under Federal Law to enroll non-immigrant students.

- The State of Illinois Department of Veterans' Affairs has granted a Certificate of Approval for the Clinical Massage Therapy Diploma Program.



- The Soma Institute is owned by The National School of Clinical Massage Therapy Limited Partnership established in Ontario, Canada in 1998. The Limited Partner is Joan L. Hannant. The General and Managing Partner is HCKD & Associates Inc. whose President is Joan L. Hannant.

THE SOMA  INSTITUTE  
THE NATIONAL SCHOOL OF CLINICAL MASSAGE THERAPY

55 E. Jackson Boulevard ◦ Chicago ◦ IL ◦ 60604 ◦ 1.800.694.5314  
[www.soma.edu](http://www.soma.edu)