

# THE SOMA INSTITUTE

THE NATIONAL SCHOOL OF CLINICAL MASSAGE THERAPY

## Textbook List and Supplies

### Required Textbooks

Biel, Andrew. *Trail Guide to the Body*, 5<sup>th</sup> edition. Books of Discovery, 2014.  
ISBN 09780982978658

Rattray, Fiona and Linda Ludwig. *Clinical Massage Therapy, Understanding, Assessing and Treating Over 70 Conditions*, revised edition. Talus Incorporated, 2005.  
ISBN 0969817711

### Recommended Textbooks

Lowe, Whitney. *Orthopedic Assessment in Massage Therapy*, 2006 Edition.  
ISBN 0966119630

Foster, Mary Ann. *Therapeutic Kinesiology*. Pearson Education, Inc., 2013.  
ISBN 0135077850

David Shier, Jackie Butler, and Ricki Lewis. *Hole's Human Anatomy and Physiology*, 14<sup>th</sup> edition. McGraw-Hill, 2010. ISBN 9780078024290

Werner, Ruth. *A Massage Therapist's Guide to Pathology*. 6th edition, Lippincott, Williams Wilkins, 2013. ISBN 9781496310828

### Massage Therapy Supplies

- 2 twin flat sheets – non-see-through
- 1 pillow case
- 2 towels (24" x 48")

Note: The textbook & supply list is accurate as of June, 2016 and is subject to change. Amazon.com and other online retailers - textbook rental options and electronic version options may be available. You are strongly advised to check with The Soma Institute before purchasing any of the above listed textbooks or supplies.