Textbook List and Supplies

Required Textbooks


Recommended Textbooks


Massage Therapy Supplies

- 2 twin flat sheets – non-see-through
- 1 pillow case
- 2 towels (24” x 48”)

Note: The textbook & supply list is accurate as of June, 2016 and is subject to change. Amazon.com and other online retailers - textbook rental options and electronic version options may be available. You are strongly advised to check with The Soma Institute before purchasing any of the above listed textbooks or supplies.