

# THE SOMA INSTITUTE

THE NATIONAL SCHOOL OF CLINICAL MASSAGE THERAPY

## Health and Wellness Coaching Certificate Program

### 2020 Catalog Addendum

(revised May 14, 2020)

The Health and Wellness 110 clock-hour certificate program will be taught entirely on line via live Zoom classes.

Zoom classes begin June 1, 2020 and end September 2, 2020 and will be taught every Monday and Wednesday evenings from 5:30 to 9:15pm.

Tuition fee is \$2150 with a 30% discount for tuition paid in full. The monthly payment plan is \$97 per month.

Textbook Required:

- *Lifestyle Wellness Coaching*, James Gavin and Madeleine McBrearty, Human Kinetics, 3<sup>rd</sup> edition.